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WHAT IS CLAIMED IS:

- 1. A method of obtaining a head of beef cattle comprising a genetic predisposition for increased or decreased carcass or weaning weight, the method comprising the steps of:
- (a) assaying genetic material from at least a first head of beef cattle for a genetic polymorphism genetically linked to promoter P1 of exon 1A of the bovine growth hormone receptor gene, wherein said polymorphism is associated with increased or decreased carcass or weaning weight; and
 - (b) selecting a head of beef cattle comprising said polymorphism.
 - 2. The method of claim 1, wherein said genetic polymorphism is further defined as genetically linked to exon 1A of the growth hormone receptor gene.
 - 3. The method of claim 1, wherein said polymorphism is further defined as a polymorphism in a portion of the genome of said head of beef cattle corresponding to the nucleic acid sequence of SEQ ID NO:3.
 - 4. The method of claim 1, further defined as comprising assaying a plurality of beef cattle for said polymorphism.
 - 5. The method of claim 1, wherein said polymorphism comprises a simple sequence length polymorphism.
- 6. The method of claim 5, wherein said simple sequence length polymorphism comprises a thymine-guanine dinucleotide repeat.
 - 7. The method of claim 6, wherein said thymine-guanine dinucleotide repeat is further defined as flanked by the nucleic acid sequences of SEQ ID NO. 1 and SEQ ID NO. 2.

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- 8. The method of claim 7, wherein said selecting comprises selecting a head of beef cattle comprising at least 12 copies of said thymine-guanine dinucleotide repeat.
- 9. The method of claim 7, wherein said selecting comprises selecting a head of beef cattle comprising between about 16 and about 20 copies of said thymine-guanine dinucleotide repeat.
 - 10. The method of claim 7, wherein said selecting comprises selecting a head of beef cattle comprising less than 12 copies of said thymine-guanine dinucleotide repeat.
 - 11. The method of claim 5, wherein said assaying is further defined as PCR.
 - 12. The method of claim 5, wherein said assaying is further defined as comprising gel electrophoresis.
 - 13. The method of claim 12, wherein said assaying comprises identifying specific amplification products by size.
 - 14. The method of claim 1, wherein said head of beef cattle is further defined as a *Bos indicus* head of beef cattle.
 - 15. The method of claim 1, wherein said head of beef cattle is further defined as a *Bos taurus* head of beef cattle.
- 25 16. The method of claim 1, wherein said polymorphism is further defined as a restriction fragment length polymorphism, simple sequence length polymorphism, amplified fragment length polymorphism, single nucleotide polymorphism or isozyme.
- 17. The method of claim 1, wherein said polymorphism is associated with increased carcass weight.

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- 18. The method of claim 1, wherein said polymorphism is associated with decreased carcass weight.
- 19. The method of claim 1, wherein said polymorphism is associated with increased 5 weaning weight.
 - 20. The method of claim 1, wherein said polymorphism is associated with decreased weaning weight.
- 10 21. The method of claim 1, wherein said genetic material comprises genomic DNA.
 - 22. The method of claim 1, wherein said genetic material is obtained from a developing fetus.
- 15 23. The method of claim 1, wherein said genetic material is obtained in vitro.
 - 24. The method of claim 1, wherein said genetic material is obtained from an embryo.
 - 25. The method of claim 24, wherein said selecting comprises embryo transfer of said embryo.
 - 26. A method of breeding beef cattle to increase the probability of obtaining a progeny head of beef cattle comprising a predisposition for increased or decreased carcass or weaning weight, comprising the steps of:
 - (a) selecting a first parent head of beef cattle comprising a genetic polymorphism genetically linked to promoter P1 of exon 1A of the bovine growth hormone receptor gene, wherein said polymorphism is associated with increased or decreased carcass or weaning weight; and
 - (b) breeding said first parent head of beef cattle with a second parent head of beef cattle to obtain at least a first progeny head of beef cattle comprising

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said polymorphism associated with a genetic predisposition for increased carcass weight or weaning weight.

- 27. The method of claim 26, further comprising selecting said second parent head of beef cattle based on a genetic polymorphism genetically linked to promoter P1 of exon 1A of the bovine growth hormone receptor gene, wherein said polymorphism is associated with increased or decreased carcass or weaning weight.
- 28. The method of claim 26, wherein said genetic polymorphism is further defined as genetically linked to exon 1A of the growth hormone receptor gene.
 - 29. The method of claim 26, wherein said polymorphism is further defined as a polymorphism in a portion of the genome of said head of beef cattle corresponding to the nucleic acid sequence of SEQ ID NO:3.

30. The method of claim 26, wherein said polymorphism comprises a simple sequence length polymorphism.

- 31. The method of claim 30, wherein said simple sequence length polymorphism comprises a thymine-guanine dinucleotide repeat.
- 32. The method of claim 31, wherein said thymine-guanine dinucleotide repeat is further defined as flanked by the nucleic acid sequences of SEQ ID NO. 1 and SEQ ID NO. 2.
- 33. The method of claim 32, wherein said selecting comprises selecting a head of beef cattle comprising at least 12 copies of said thymine-guanine dinucleotide repeat.
- 34. The method of claim 32, wherein said selecting comprises selecting a head of beef cattle comprising between about 16 and about 20 copies of said thymine-guanine dinucleotide repeat.

- 35. The method of claim 32, wherein said selecting comprises selecting a head of beef cattle comprising less than 12 copies of said thymine-guanine dinucleotide repeat.
- 5 36. The method of claim 30, wherein said selecting comprises PCR.
 - 37. The method of claim 30, wherein said selecting comprises gel electrophoresis.
- 38. The method of claim 37, wherein said selecting comprises identifying specific amplification products by size.
 - 39. The method of claim 26, wherein one or both of said first parent head of beef cattle and said second parent head of beef cattle is further defined as a *Bos indicus* head of beef cattle.
 - 40. The method of claim 26, wherein one or both of said first parent head of beef cattle and said second parent head of beef cattle is further defined as a *Bos taurus* head of beef cattle.
- 41. The method of claim 26, wherein said polymorphism is further defined as a restriction fragment length polymorphism, simple sequence length polymorphism, amplified fragment length polymorphism, single nucleotide polymorphism or isozyme.
- 42. The method of claim 26, wherein said polymorphism is associated with increased carcass weight.
 - 43. The method of claim 26, wherein said polymorphism is associated with decreased carcass weight.
- 30 44. The method of claim 26, wherein said polymorphism is associated with increased weaning weight.

- 45. The method of claim 26, wherein said polymorphism is associated with decreased weaning weight.
- 5 46. The method of claim 26, wherein said first parent head of beef cattle is the sire and said second parent head of beef cattle is the dam.
 - 47. The method of claim 26, wherein said first parent head of beef cattle is the dam and said second parent head of beef cattle is the sire.
 - 48. The method of claim 26, further defined as comprising crossing said progeny head of beef cattle with a third head of beef cattle to produce a second generation progeny head of beef cattle.
- 15 49. The method of claim 26, further defined as comprising repeating step (a) and step (b) from about 2 to about 10 times.
 - 50. The method of claim 49, wherein said first parent head of beef cattle is selected from a progeny head of beef cattle resulting from a previous repetition of said step (a) and said step (b) and wherein said second parent head of beef cattle is from a selected cattle breed into which one wishes to introduce said genetic predisposition for increased or decreased carcass or weaning weight.

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